

Stapeler Pfingstlauf 2015

| Zeit | Gesamtplatz | Platz m/w | Startnr. | Name | Vorname | Jahrgang | Strecke | AK | Ort/Verein |
|-------------------------------|-------------|-----------|----------|--------------|---------------|----------|---------|---------|--------------------|
| 2,0 km Kinder weiblich | | | | | | | | | |
| 0:07:36 | 2 | 1 | 16 | Loock | Nathalie | 2004 | 2,0 km | Mädchen | Perleberg |
| 0:07:46 | 3 | 2 | 34 | von Hörsten | Maike | 2002 | 2,0 km | Mädchen | Uelzen |
| 0:09:04 | 7 | 3 | 32 | Treckan | Maja | 2004 | 2,0 km | Mädchen | Pätow |
| 0:09:19 | 9 | 4 | 44 | Heppner | Maude | 2002 | 2,0km | Mädchen | Franzensbad |
| 0:09:37 | 14 | 5 | 31 | Sudenburg | Helen | 2001 | 2,0 km | Mädchen | MTV Gerdau |
| 0:09:42 | 15 | 6 | 28 | Stapelfeld | Johanna | 2005 | 2,0 km | Mädchen | VfL Stapel |
| 0:10:11 | 20 | 7 | 26 | Sperling | Maris | 2007 | 2,0 km | Mädchen | Neuhaus |
| 0:10:12 | 21 | 8 | 7 | Choszcz | Paula | 2005 | 2,0 km | Mädchen | Neuhaus |
| 0:10:15 | 22 | 9 | 33 | Trilck | Anna- Maria | 2006 | 2,0 km | Mädchen | Neuhaus |
| 0:10:17 | 23 | 10 | 24 | Schmecht | Kijara | 2001 | 2,0 km | Mädchen | Kaarßen |
| 0:10:24 | 24 | 11 | 5 | Brauny | Kana | 2007 | 2,0 km | Mädchen | VfL Bleckede |
| 0:10:32 | 26 | 12 | 2 | Berlip | Sina | 2006 | 2,0 km | Mädchen | VfL Stapel |
| 0:10:41 | 29 | 13 | 10 | Frielinghaus | Vera | 2007 | 2,0 km | Mädchen | Vellahn |
| 0:10:42 | 30 | 14 | 19 | Niederhoff | Helene | 2005 | 2,0 km | Mädchen | VfL Stapel |
| 0:10:42 | 31 | 14 | 20 | Puffahrt | Hanna | 2004 | 2,0 km | Mädchen | Stapel |
| 0:10:43 | 32 | 16 | 8 | Frank | Hermine | 2007 | 2,0 km | Mädchen | Stapel |
| 0:10:43 | 33 | 16 | 14 | Körner | Jacqueline | 2002 | 2,0 km | Mädchen | Zeetze |
| 0:10:50 | 35 | 18 | 12 | Ihde | Marie | 2003 | 2,0 km | Mädchen | Kaarßen |
| 0:11:39 | 39 | 19 | 18 | Neuhoff | Alina | 2003 | 2,0 km | Mädchen | Neuhaus |
| 0:13:38 | 41 | 20 | 15 | Kramer | Ida | 2009 | 2,0 km | Mädchen | Stapel |
| 0:14:18 | 42 | 21 | 41 | Winkelmann | Hedi | 2011 | 2,0 km | Mädchen | TG Trizack Rostock |
| 2,0 km Kinder männlich | | | | | | | | | |
| 0:07:35 | 1 | 1 | 43 | Trilck | Marlon | 2001 | 2,0 km | Jungen | VfL Bleckede |
| 0:08:19 | 4 | 2 | 37 | Winkelmann | Lucca Leander | 2004 | 2,0 km | Jungen | Hamburg Wasser |

| | | | | | | | | | |
|-------------------------|----|-----------|-------|--------------|--------------|------|--------|----------|------------------|
| 0:08:20 | 5 | 3 | 17 | Ludwig | Jan | 2003 | 2,0 km | Jungen | Stapel |
| 0:08:37 | 6 | 4 | 42 | Degler | Ferdinand | 2002 | 2,0km | Jungen | Popelau |
| 0:09:08 | 8 | 5 | 13 | Klettke | Tom | 2005 | 2,0 km | Jungen | VfL Stapel |
| 0:09:25 | 10 | 6 | 27 | Sperling | Gerjet | 2003 | 2,0 km | Jungen | Neuhaus |
| 0:09:26 | 11 | 7 | 3 | Bokowski | Nils | 2004 | 2,0 km | Jungen | Hamburg |
| 0:09:27 | 13 | 8 | 6 | Choszcz | Georg | 2007 | 2,0 km | Jungen | Neuhaus |
| 0:09:27 | 12 | 8 | 40 | Frielinghaus | Niels | 2003 | 2,0 km | Jungen | Vellahn |
| 0:09:51 | 16 | 10 | 36 | Winkelmann | Bela Nikolai | 2006 | 2,0 km | Jungen | Hamburg Wasser |
| 0:09:53 | 17 | 11 | 29 | Steinert | Johannes | 2004 | 2,0 km | Jungen | Zweedorf |
| 0:10:02 | 18 | 12 | 23 | Rust | Nils | 2004 | 2,0 km | Jungen | Stapel |
| 0:10:08 | 19 | 13 | 39 | Doer | Paul | 2005 | 2,0 km | Jungen | Hühnerbusch |
| 0:10:29 | 25 | 14 | 35 | Kramer | Magnus | 2004 | 2,0 km | Jungen | Stapel |
| 0:10:40 | 27 | 15 | 9 | Frank | Erik | 2005 | 2,0 km | Jungen | Stapel |
| 0:10:41 | 28 | 16 | 1 | Arlt | Johann | 2007 | 2,0 km | Jungen | VfL Stapel |
| 0:10:49 | 34 | 17 | 25 | Schulz | Moritz | 2003 | 2,0 km | Jungen | Dellien |
| 0:11:01 | 36 | 18 | 38 | Pfeiffer | Niklas | 2005 | 2,0 km | Jungen | Zeetze |
| 0:11:12 | 37 | 19 | 4 | Bokowski | Jonas | 2004 | 2,0 km | Jungen | Hamburg |
| 0:11:22 | 38 | 20 | 30 | Stöckmann | Ben | 2008 | 2,0 km | Jungen | Neuhaus |
| 0:12:09 | 40 | 21 | 11 | Frielinghaus | Erik | 2005 | 2,0 km | Jungen | Vellahn |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| 5,4 km w. Jugend | | | | | | | | | |
| 0:25:13 | 23 | 1 | 257 | Rust | Anica | 1999 | 5,4 km | w Jugend | Lüneburger SV |
| 0:25:15 | 25 | 2 | 209 | Comoy | Marguerite | 1999 | 5,4 km | w Jugend | Frankreich |
| 0:25:45 | 27 | 3 | 275 | Weber | Lara | 2000 | 5,4 km | w Jugend | Brömsenberg |
| 0:26:36 | 30 | 4 | 285 | von Hörsten | Ann-Christin | 2000 | 5,4 km | w Jugend | Uelzen |
| 0:26:49 | 32 | 5 | 265 | Steinert | Leonie | 2002 | 5,4 km | w Jugend | Zweedorf |
| 0:26:50 | 33 | 6 | 216 a | Großpitz | Anouk | 2001 | 5,4 km | w Jugend | Groß Bengerstorf |
| 0:27:26 | 36 | 7 | 226 | Karstens | Lea | 2003 | 5,4 km | w Jugend | Sumte |

| | | | | | | | | | |
|-------------------------|----|-----------|-----|----------------|---------------|------|--------|----------|-----------------|
| 0:31:17 | 60 | 8 | 266 | Stöckmann | Nele | 2004 | 5,4 km | w Jugend | Neuhaus |
| 0:37:08 | 82 | 9 | 200 | Bagunk | Christina | 2004 | 5,4 km | w Jugend | Gülstorf |
| 0:37:32 | 84 | 10 | 227 | Klettke | Sophie | 2002 | 5,4 km | w Jugend | VfL Stapel |
| 0:37:34 | 85 | 11 | 237 | Burkert | Inès | 2002 | 5,4 km | w Jugend | Lüneburg |
| | | | | | | | | | |
| | | | | | | | | | |
| 5,4 km m. Jugend | | | | | | | | | |
| 0:20:04 | 6 | 1 | 281 | Ziemann | Luca | 2000 | 5,4 km | m Jugend | Zeetze |
| 0:20:05 | 7 | 2 | 208 | Christensen | Felix | 1999 | 5,4 km | m Jugend | Lüneburger SV |
| 0:20:12 | 8 | 3 | 261 | Seack | Tom | 1998 | 5,4 km | m Jugend | Lüneburger SV |
| 0:24:00 | 18 | 4 | 282 | Ziemann | Lars | 1999 | 5,4 km | m Jugend | Zeetze |
| 0:24:48 | 19 | 5 | 277 | Widdrus | Marc | 1999 | 5,4 km | m Jugend | Wittenburg |
| 0:25:37 | 26 | 6 | 213 | Freude | Claas | 2001 | 5,4 km | m Jugend | Tripkau |
| 0:28:39 | 42 | 7 | 268 | Stuhlmann | Felix | 2002 | 5,4 km | m Jugend | Uelzen |
| 0:30:19 | 55 | 8 | 291 | Weiß | Niclas | 2001 | 5,4 km | m Jugend | Rosien |
| 0:30:47 | 57 | 9 | 204 | Bräuer | René | 2005 | 5,4 km | m Jugend | VfL Suderburg |
| 0:33:22 | 68 | 10 | 236 | Lausen | Marvin | 2001 | 5,4 km | m Jugend | VfL Stapel |
| 0:33:41 | 69 | 11 | 274 | Wagner | Jan Christian | 2002 | 5,4 km | m Jugend | Uelzen |
| | | | | | | | | | |
| | | | | | | | | | |
| 5,4 km Frauen | | | | | | | | | |
| 0:22:59 | 16 | 1 | 271 | Trenkel | Marie | 1993 | 5,4 km | w | Lüneburger SV |
| 0:25:02 | 20 | 2 | 272 | Ulbrich | Madeleine | 1989 | 5,4 km | w | Lüneburger SV |
| 0:25:07 | 21 | 3 | 238 | Loos | Hanna Maria | 1992 | 5,4 km | w | Lüneburger SV |
| 0:26:05 | 28 | 4 | 254 | Rempel | Alexandra | 1983 | 5,4 km | w | Lüneburger SV |
| 0:26:39 | 31 | 5 | 212 | Franzke-Machel | Karin | 1964 | 5,4 km | w | Post SV Uelzen |
| 0:29:18 | 46 | 6 | 215 | Frielinghaus | Katja | 1977 | 5,4 km | w | Vellahn |
| 0:29:26 | 48 | 7 | 284 | Kolle | Edith | 1955 | 5,4 km | w | Dahlenburger SK |
| 0:30:12 | 53 | 8 | 280 | Wonerow | Annika | 1982 | 5,4 km | w | Sückau |
| 0:31:01 | 58 | 9 | 201 | Bahlhorn | Ria | 1967 | 5,4 km | w | Tripkau |

| | | | | | | | | | |
|----------------------|----|-----------|-----|-------------|----------------|------|--------|---|---------------------------|
| 0:31:09 | 59 | 10 | 292 | Baars | Katrin | 1964 | 5,4 km | w | Vellahn |
| 0:31:38 | 62 | 11 | 269 | Sudenburg | Esther | 1965 | 5,4 km | w | MTV Gerdau |
| 0:34:17 | 70 | 12 | 283 | von Hörsten | Maren | 1967 | 5,4 km | w | Uelzen |
| 0:34:51 | 71 | 13 | 253 | Pröhl | Gabriele | 1949 | 5,4 km | w | Boizenburg |
| 0:34:52 | 72 | 14 | 270 | Tillwix | Sandra | 1970 | 5,4 km | w | Mölln |
| 0:35:19 | 78 | 15 | 276 | Weidler | Daniela | 1982 | 5,4 km | w | Neuhaus |
| 0:35:28 | 79 | 16 | 231 | Körner | Antje | 1977 | 5,4 km | w | VfL Stapel |
| 0:35:30 | 80 | 17 | 250 | Perlwitz | Manuela | 1968 | 5,4 km | w | Dellien |
| 0:35:50 | 81 | 18 | 287 | Donder | Inger Annegret | 1950 | 5,4 km | w | Lütjensee |
| 0:37:23 | 83 | 19 | 256 | Rodewald | Beate | 1965 | 5,4 km | w | Laufschule Lüneburg |
| 0:37:39 | 86 | 20 | 242 | Meier | Anja | 1984 | 5,4 km | w | Hamburg |
| 0:37:46 | 87 | 21 | 210 | Dobrick | Tanja | 1973 | 5,4 km | w | Team Erdinger Alkoholfrei |
| 0:38:30 | 88 | 22 | 217 | Luhmann | Aenne | 1942 | 5,4 km | w | Dahlenburger SK |
| 0:43:04 | 89 | 23 | 251 | Pinnau | Kerstin | 1968 | 5,4 km | w | Geesthacht |
| | | | | | | | | | |
| | | | | | | | | | |
| 5,4 km Männer | | | | | | | | | |
| 0:18:22 | 1 | 1 | 244 | Meyer | Christoph | 1975 | 5,4 km | m | Post SV Uelzen |
| 0:18:26 | 2 | 2 | 225 | Jäkel | Kersten | 1984 | 5,4 km | m | Post SV Uelzen |
| 0:18:49 | 3 | 3 | 262 | Seyffert | Stefan | 1976 | 5,4 km | m | Post SV Uelzen |
| 0:19:36 | 4 | 4 | 260 | Schütt | Jannik | 1991 | 5,4 km | m | LG Nordheide |
| 0:19:43 | 5 | 5 | 224 | Jahnke | Rainer | 1970 | 5,4 km | m | Laufladen Jahnke |
| 0:21:18 | 9 | 6 | 240 | Manecke | Björn | 1992 | 5,4 km | m | Lüneburger SV |
| 0:21:27 | 10 | 7 | 278 | Winkelmann | Olaf | 1970 | 5,4 km | m | Hamburg Wasser |
| 0:21:56 | 11 | 8 | 233 | Kröger | Jan - Florian | 1991 | 5,4 km | m | LG Nordheide |
| 0:22:08 | 12 | 9 | 286 | Deumann | Jörg | 1965 | 5,4 km | m | Uelzen |
| 0:22:19 | 13 | 10 | 230 | Koch | Michael | 1991 | 5,4 km | m | Neetze |
| 0:22:21 | 14 | 11 | 288 | Liesche | Andreas | 1958 | 5,4 km | m | Störtal (Banzkow) |
| 0:22:40 | 15 | 12 | 202 | Böhme | Lasse | 1993 | 5,4 km | m | Lüneburger SV |
| 0:23:34 | 17 | 13 | 248 | Nitsche | Sascha | 1986 | 5,4 km | m | SV Kaarßen |

| | | | | | | | | | |
|---------|----|-----------|-------|--------------|-------------|------|--------|---|--------------------|
| 0:25:10 | 22 | 14 | 298 | Große-Freese | Jens | 1962 | 5,4 km | m | Boizenburg |
| 0:25:14 | 24 | 15 | 267 | Stöckmann | André | 1979 | 5,4 km | m | Neuhaus |
| 0:26:23 | 29 | 16 | 289 | Müller | Gerhard | 1954 | 5,4 km | m | MTV Amel. |
| 0:27:08 | 34 | 17 | 255 | Rieke | Reinhardt | 1964 | 5,4 km | m | TV 1860 Neuhaus |
| 0:27:19 | 35 | 18 | 299 | Stamer | Paul | 1996 | 5,4 km | m | Zeetze |
| 0:28:02 | 37 | 19 | 241 | Matthies | Jens | 1967 | 5,4 km | m | VfL Stapel |
| 0:28:09 | 38 | 20 | 219 | Frielinghaus | Helmut | 1974 | 5,4 km | m | Vellahn |
| 0:28:19 | 39 | 21 | 228 | Klüner | Mario | 1978 | 5,4 km | m | Ludwigslust |
| 0:28:35 | 40 | 22 | 206 | Brokmöller | Ulf | 1967 | 5,4 km | m | Dellien |
| 0:28:36 | 41 | 23 | 234 | Krüger | Markus | 1979 | 5,4 km | m | TV Neuhaus |
| 0:28:40 | 43 | 24 | 243 | Meier | Klaus | | 5,4 km | m | VfL Stapel |
| 0:28:41 | 44 | 25 | 279 | Wittrock | Christian | 1989 | 5,4 km | m | TV 1860 Neuhaus |
| 0:29:14 | 45 | 26 | 290 | Banz | Ingo | 1950 | 5,4 km | m | Jena |
| 0:29:23 | 47 | 27 | 218 | Hublitz | Stefan | 1967 | 5,4 km | m | TSV Glinde |
| 0:29:39 | 49 | 28 | 273 | von Ham | Werner | 1950 | 5,4 km | m | Berlin |
| 0:29:43 | 50 | 29 | 295 | Doer | Axel | 1961 | 5,4 km | m | Hühnerbusch |
| 0:29:44 | 51 | 30 | 216 b | Richter | Rüdiger | 1966 | 5,4 km | m | Zeetze |
| 0:30:04 | 52 | 31 | 232 | Kremers | Dieter | 1956 | 5,4 km | m | Hamburg |
| 0:30:13 | 54 | 32 | 294 | Panz | Franz-Georg | 1989 | 5,4 km | m | Haar / PSV Rostock |
| 0:30:32 | 56 | 33 | 214 | Döscher | Sven | 1974 | 5,4 km | m | Hagenow TUN |
| 0:31:31 | 61 | 34 | 297 | Wilhelm | Andreas | 1975 | 5,4 km | m | Boizenburg |
| 0:31:44 | 63 | 35 | 258 | Saeland | Bernd | 1951 | 5,4 km | m | Vielank |
| 0:32:38 | 64 | 36 | 296 | Ehe | Gunter | 1965 | 5,4 km | m | München |
| 0:32:52 | 65 | 37 | 263 | Skuthan | Heinz | 1940 | 5,4 km | m | Ludwigslust |
| 0:33:00 | 66 | 38 | 259 | Schröder | Till | 1990 | 5,4 km | m | Lünebug |
| 0:33:21 | 67 | 39 | 247 | Nettelbeck | Olaf | 1964 | 5,4 km | m | Preten |
| 0:34:55 | 73 | 40 | 203 | Bokowski | Gerald | 1964 | 5,4 km | m | Hamburg |
| 0:35:04 | 74 | 41 | 249 | Papke | Rene | 1983 | 5,4 km | m | Bremen |
| 0:35:05 | 75 | 42 | 245 | Mokrasch | Sebastian | 1983 | 5,4 km | m | Boizenburg |
| 0:35:09 | 76 | 43 | 293 | Jonasson | Martin | 1965 | 5,4 km | m | Brietlingen |

| | | | | | | | | | |
|---------------------------------|----|-----------|-----|----------------------|---------------|------|---------|------|---------------------------|
| 0:35:11 | 77 | 44 | 235 | Kuckert | Michael | 1970 | 5,4 km | m | Neuhaus |
| | | | | | | | | | |
| 10,6 km Gesamt Frauen | | | | | | | | | |
| 0:45:56 | 14 | 1 | 129 | Leventon- Mildorfova | Julia | 1982 | 10,6 km | W 30 | Lüneburger SV England |
| 0:46:23 | 15 | 2 | 133 | Loock | Yvonne | 1977 | 10,6 km | W 30 | Perleberg |
| 0:53:16 | 36 | 3 | 162 | Schröder | Kathrin | 1988 | 10,6 km | W 20 | Lüneburger SV |
| | | | | | | | | | |
| 10,6 km Altersklasse W20 | | | | | | | | | |
| 0:53:16 | 36 | 1 | 162 | Schröder | Kathrin | 1988 | 10,6 km | W 20 | Lüneburger SV |
| 0:57:45 | 53 | 2 | 132 | Schröder | Daniela | 1986 | 10,6 km | W 20 | Bardowick |
| 0:58:51 | 57 | 3 | 142 | Nettelbeck | Sarah | 1987 | 10,6 km | W 20 | Bremen |
| 1:03:41 | 77 | 4 | 127 | Krepmpels | Julia | 1988 | 10,6 km | W 20 | |
| | | | | | | | | | |
| 10,6 km Altersklasse W30 | | | | | | | | | |
| 0:45:56 | 14 | 1 | 129 | Leventon- Mildorfova | Julia | 1982 | 10,6 km | W 30 | Lüneburger SV England |
| 0:46:23 | 15 | 2 | 133 | Loock | Yvonne | 1977 | 10,6 km | W 30 | Perleberg |
| 0:55:00 | 42 | 3 | 116 | Winkelmann | Mariika | 1980 | 10,6 km | W 30 | TG tri Zack Rostock |
| 0:58:54 | 59 | 4 | 165 | Schütte | Karsta | 1983 | 10,6 km | W 30 | Lüneburg |
| 1:02:02 | 72 | 5 | 105 | Behnke | Dörthe | 1980 | 10,6 km | W 30 | Berlin |
| 1:05:11 | 80 | 6 | 194 | Panz | Anne-Christin | 1983 | 10,6 km | W 30 | Viby / Dänemark |
| | | | | | | | | | |
| 10,6 km Altersklasse W40 | | | | | | | | | |
| 0:56:35 | 49 | 1 | 199 | Jacob | Lysann | 1967 | 10,6 km | W 40 | Karstädt |
| 0:57:15 | 52 | 2 | 137 | Buss | Silvia | 1968 | 10,6 km | W 40 | Perleberg |
| 0:59:11 | 61 | 3 | 174 | Ziemann | Katrin | 1975 | 10,6 km | W 40 | Zeetze |
| 0:59:24 | 64 | 4 | 141 | Nettelbeck | Ramona | 1966 | 10,6 km | W 40 | Preten |
| 0:59:30 | 65 | 5 | 123 | Hoffmann | Arite | 1974 | 10,6 km | W 40 | Lüneburg |
| 0:59:31 | 66 | 6 | 125 | Kersten | Andrea | 1966 | 10,6 km | W 40 | Team Erdinger Alkoholfrei |

| | | | | | | | | | |
|---------------------------------|-----|-------------|-----|-----------|-----------|------|---------|------|---------------------------|
| 0:59:46 | 67 | 7 | 119 | Hacker | Carmen | 1967 | 10,6 km | W 40 | Dahlenburger Ford Service |
| 1:02:33 | 73 | 8 | 157 | Rohland | Corinna | 1971 | 10,6 km | W 40 | Lüneburg |
| 1:10:17 | 84 | 9 | 120 | Schwarz | Pamela | 1971 | 10,6 km | W 40 | Post SV Uelzen |
| | | | | | | | | | |
| 10,6 km Altersklasse W50 | | | | | | | | | |
| 0:56:17 | 45 | 1 | 184 | Schwarcke | Hannelore | 1961 | 10,6 km | W 50 | TUS Hohnstorf |
| 0:56:31 | 48 | 2 | 196 | Sindt | Monika | 1956 | 10,6 km | W 50 | TSG Wittenburg |
| 0:56:45 | 51 | 3 | 160 | Saß | Bärbel | 1963 | 10,6 km | W 50 | MTV Amelinghausen LT |
| 0:59:47 | 68 | 4 | 161 | Saucke | Beate | 1956 | 10,6 km | W 50 | Dahlenburger SK |
| 1:01:52 | 71 | 5 | 104 | Battram | Ramona | 1960 | 10,6 km | W 50 | Lüneburger Laufschule |
| dnf | dnf | o.W. | 195 | Kolm | Petra | 1963 | 10,6 km | W 50 | Nieklitz |
| | | | | | | | | | |
| 10,6 km Altersklasse W70 | | | | | | | | | |
| 1:12:09 | 86 | 1 | 109 | Brandt | Annelore | 1945 | 10,6 km | W 70 | Wittenberge |
| | | | | | | | | | |
| | | | | | | | | | |
| 10,6 km Gesamt Männer | | | | | | | | | |
| 0:35:15 | 1 | 1 | 130 | Lindner | Markus | 1987 | 10,6 km | M 20 | Post SV Uelzen |
| 0:35:28 | 2 | 2 | 128 | Letzgus | Philipp | 1988 | 10,6 km | M 20 | Lüneburger SV |
| 0:39:53 | 3 | 3 | 106 | Behrend | Sven | 1980 | 10,6 km | M 30 | Lüneburger SV |
| | | | | | | | | | |
| 10,6 km Altersklasse M20 | | | | | | | | | |
| 0:35:15 | 1 | 1 | 130 | Lindner | Markus | 1987 | 10,6 km | M 20 | Post SV Uelzen |
| 0:35:28 | 2 | 2 | 128 | Letzgus | Philipp | 1988 | 10,6 km | M 20 | Lüneburger SV |
| 0:53:50 | 38 | 3 | 140 | Neckel | Robert | 1989 | 10,6 km | M 20 | Laufgruppe Boizenburg |
| 0:56:14 | 44 | 4 | 150 | Mann | Philipp | 1988 | 10,6 km | M 20 | Neuhaus / TV Neuhaus |
| 1:03:42 | 78 | 5 | 114 | Fischer | Kevin | 1990 | 10,6 km | M 20 | Neuhaus |
| | | | | | | | | | |
| 10,6 km Altersklasse M30 | | | | | | | | | |

| | | | | | | | | | |
|---------------------------------|-----|-------------|-----|------------|-----------|------|---------|------|---------------------------|
| 0:39:53 | 3 | 1 | 106 | Behrend | Sven | 1980 | 10,6 km | M 30 | Lüneburger SV |
| 0:41:05 | 4 | 2 | 192 | Gose | Michael | 1984 | 10,6 km | M 30 | TV Neuhaus |
| 0:43:45 | 9 | 3 | 166 | Semdner | Martin | 1981 | 10,6 km | M 30 | TSV Empor Zarrentin Tri. |
| 0:43:57 | 10 | 4 | 188 | Breese | Ron | 1976 | 10,6 km | M 30 | Neu Kaliss |
| 0:45:01 | 13 | 5 | 134 | Mannigel | Christian | 1980 | 10,6 km | M 30 | DeichLäufer |
| 0:46:34 | 16 | 6 | 147 | Gloge | Matthias | 1984 | 10,6 km | M 30 | TV Neuhaus |
| 0:47:09 | 17 | 7 | 175 | Vorrath | Stefan | 1977 | 10,6 km | M 30 | |
| 0:48:36 | 22 | 8 | 146 | Pauloweit | Jörg | 1982 | 10,6 km | M 30 | Team Ninotschka Preten |
| 0:48:48 | 23 | 9 | 197 | Roehling | Alexander | 1977 | 10,6 km | M 30 | LSV |
| 0:49:23 | 26 | 10 | 189 | Voß | Carsten | 1980 | 10,6 km | M 30 | Kaarßen FFW |
| 0:55:28 | 43 | 11 | 180 | Saloga | Alexander | 1983 | 10,6 km | M 30 | Stapel |
| 0:59:20 | 63 | 12 | 190 | Wieck | Volker | 1979 | 10,6 km | M 30 | Trettau |
| 1:00:49 | 69 | 13 | 112 | Döscher | Andy | 1982 | 10,6 km | M 30 | Boizenburg |
| 1:05:12 | 81 | 14 | 169 | Wegner | Kerstin | 1981 | 10,6 km | M 30 | cakemalu |
| dnf | dnf | o.W. | 117 | Großpitz | Jörn | 1979 | 10,6 km | M 30 | Groß Bengerstorf |
| | | | | | | | | | |
| 10,6 km Altersklasse M40 | | | | | | | | | |
| 0:42:58 | 7 | 1 | 108 | Boknecht | Torsten | 1973 | 10,6 km | M 40 | |
| 0:43:19 | 8 | 2 | 126 | Machel | Carsten | 1970 | 10,6 km | M 40 | Post SV Uelzen |
| 0:48:20 | 20 | 3 | 131 | Loock | Birger | 1973 | 10,6 km | M 40 | Perleberg |
| 0:49:05 | 25 | 4 | 110 | Dobrick | Mathias | 1973 | 10,6 km | M 40 | Team Ultra Sport |
| 0:50:19 | 28 | 5 | 191 | Ranza | Mirko | 1970 | 10,6 km | M 40 | TUS Hohnstorf |
| 0:51:08 | 30 | 6 | 167 | Stock | René | 1968 | 10,6 km | M 40 | Boizenburg |
| 0:51:25 | 31 | 7 | 173 | Ziemann | Robert | 1971 | 10,6 km | M 40 | Zeetze |
| 0:54:08 | 39 | 8 | 103 | Bartelt | Timo | 1974 | 10,6 km | M 40 | VfL Suderburg |
| 0:54:24 | 40 | 9 | 135 | Middeke | Ralph | 1967 | 10,6 km | M 40 | Team Erdinger Alkoholfrei |
| 0:54:59 | 41 | 10 | 178 | Flach | Axel | 1969 | 10,6 km | M 40 | Schwalmtal |
| 0:56:26 | 47 | 11 | 151 | Goroncy | Maik | 1967 | 10,6 km | M 40 | Viehle |
| 0:57:48 | 54 | 12 | 168 | Tramnitzke | Norbert | 1971 | 10,6 km | M 40 | Boizenburg |
| 0:58:11 | 55 | 13 | 111 | Sevecke | Friedhelm | 1966 | 10,6 km | M 40 | Bleckede |

10,6 km Altersklasse M70

| | | | | | | | | | |
|---------|----|----------|-----|---------|----------|------|---------|------|--------------------------|
| 0:53:13 | 35 | 1 | 179 | Vogt | Hartmut | 1944 | 10,6 km | M 70 | TuS Neudorf - Platendorf |
| 0:58:56 | 60 | 2 | 148 | Peukert | Lothar | 1938 | 10,6 km | M 70 | TSG Wittenburg |
| 1:02:59 | 76 | 3 | 176 | Vorrath | Wilhelm | 1942 | 10,6 km | M 70 | |
| 1:06:25 | 82 | 4 | 187 | Kunert | Paul | 1939 | 10,6 km | M 70 | TUS Hohnstorf |
| 1:09:59 | 83 | 5 | 183 | Donder | Reinhard | 1941 | 10,6 km | M 70 | TSV Trittau |
| | | | | | | | | | |

10,6 km Altersklasse m. Jugend

| | | | | | | | | | |
|---------|----|----------|-----|---------|-------|------|---------|----------|----------|
| 0:50:02 | 27 | 1 | 186 | Baars | Sören | 1996 | 10,6 km | M Jugend | Vellahn |
| 0:56:22 | 46 | 2 | 158 | Rohland | Sören | 1999 | 10,6 km | M Jugend | Lüneburg |